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## Stockholm for families

Stockholm is a city where parents can take their kids and/or their own parents on a holiday trip. It is a one-fits-all-family-members kind of city. There are parks and playgrounds aplenty and top restaurants are equipped with high chairs for the young petite diners. Culture, history and pure innocent fun await are here.

### A city with tons of culture

#### Skansen

Skansen is the oldest open air museum in the world. This place is like no other; it is a complex blend of historical buildings, Nordic animals unique to the region, a children's zoo and an aquarium. It is beloved by both locals and visitors. [junibacken.se](http://junibacken.se)

#### Junibacken

The fantastical pages from Astrid Lindgren's books come to life in this magical house. Come and enjoy the spectacular peculiarities of Villa Villekulla. Play with friends in Storybook Square or hop on The Story Train, it is everyone's favorite part (even the adults). [junibacken.se](http://junibacken.se)

#### Cosmonova

The Cosmonova theater is a one-of-a-kind theatre where technology and immersive experience meet. At Cosmonova, IMAX® films are shown on a 760 square metres dome-shaped screen, the world's largest film format. You will truly feel as one with the screen while sitting here; you will feel as the protagonist of an adventure! [nrm.se/cosmonova](http://nrm.se/cosmonova)

#### Swedish Museum of Performing Arts

The Swedish Museum of Performing Arts is a new kind of museum. It is both a museum and a stage. It was created to allow visitors to experience theatre, dance and music from the stage itself and from behind the scenes. This is a place for the curious minds who want to learn about the history of the performing arts through a uniquely modern experience. [scenkonstmuseet.se](http://scenkonstmuseet.se)

#### Bokslukaren

Bokslukaren is more of a cultural centre than an ordinary bookstore. The shelves are filled with the latest, the classics and everything in between that may entice the minds of young bookworms. All possible genres and niche genres are found in these shelves. Bokslukaren also has toys, a music corner and a cafe. [bokslukaren.com](http://bokslukaren.com)

### Playgrounds with added extras

#### Ivar Los park

Although located in the heart of Södermalm, this playground has an obvious countryside vibe. Here you'll find crafted wooden animals – perfect for an imaginary gallop around the lawn – a dairy house and a barn, along with some more traditional playground equipment. This is a great spot to enjoy a picnic or barbeque alongside the beautiful surroundings at the top of Mariaberget, one of the best views in the city. [stockholm.se/ivar-lo](http://stockholm.se/ivar-lo)

#### Vasaparken

The playground in Vasaparken has something for everyone who is in a playful mood. Swings, sandboxes, slides, climbing nets, a basketball hoop, pingpong table, a lane for playing football... the list goes on and on. The park is open year round and adapts the range of activities according to season. [stockholm.se/vasaparken](http://stockholm.se/vasaparken)

#### Bryggartäppan

Bryggartäppan is a playground out of the ordinary. The park is inspired by the novel "City of My Dreams" by author Per Anders Fogelström and is created to replicate Södermalm in the mid 19th century. Everyone who can fit themselves into the miniature surroundings can explore the forge, the workshop and the contemporary houses. There is also a set of swings, a wooden maze and a sandbox, along with plenty of other fun equipment to play around with. [stockholm.se/bryggartappan](http://stockholm.se/bryggartappan)

## A city where one can learn and have fun

### Gröna Lund

Gröna Lund roots back to the 1880s, making it Sweden's oldest amusement park. It's an oldie but definitely a goodie. The park's location is quite unique since the park was built around residential building from the 19th century by the seaside of Djurgården Island. The amusement park has over 30 attractions and is a popular venue for concerts in the summer. [gronalund.com](http://gronalund.com)

### The Stockholm Game Museum

The Stockholm Game Museum garners all the iconic games that have revolutionised the gaming industry throughout history. This is a place for all ages, from the Pac Man generation to the Pokémon and Minecraft generation. The museum aims to spread some nostalgia as well as inspire a new generation of players. [stockholmsspelmuseum.se](http://stockholmsspelmuseum.se)

### The Swedish Museum of Natural History

The museum's aim is to inspire us to take better care of our planet by teaching us about its origins and its innate beauty. Come here to learn more about the universe and Earth and about the animal kingdom and biology. [nrm.se](http://nrm.se)

### Postmuseum

Nowadays, we do not really think about how long has communication developed throughout the centuries because we are now so connected with the world. Back in the 1600s it took about seven days to simply send a letter from Stockholm to Gothenburg. Hard to imagine we know, which is why you should pay this museum a visit to learn more about the development of the Swedish postal service. [postmuseum.se](http://postmuseum.se)

### The Vasa Museum

The Vasa Museum is Scandinavia's most visited museums. The museum is built around the world's best preserved ship from the 17th century, The Vasa. There is a lot to do and see at the museum, some of it a bit extra fun for our little ones. How about playing captain and try steering the Vasa ship? Or take part in an interactive adventure where collaboration, modern technology and methods from the 17th century will help you solve the tasks. There are several discoveries for the whole family to explore and tours to learn more about the Vasa and its origins. [vasamuseet.se](http://vasamuseet.se)

### 4-H farms in Stockholm

4-H farms are special farms meant to educate and engage children, adolescents and adults with nature. There are several 4-H farms near Stockholm. One of them is Stora Skuggan, located in the national city park in Norra Djurgården. They have all sorts of farm animals and during the weekends they offer pony rides and horse riding with island horses. [4h.se](http://4h.se)

### The National Museum of Science and Technology

At the National Museum of Science you get to see, feel, touch and understand technology in our society. An exciting journey from the infancy of industry to grand visions for the future. Explore the exhibitions on inventions, energy and the environment in a fun and inspiring way. You can eat and drink at the museum's restaurant or bring your own food to enjoy in the picnic room. [tekniskamuseet.se](http://tekniskamuseet.se)

### Vikingaliv

This museum is designed to expose its visitors to an exciting Viking experience in a fast, modern and enticing way, from a historical point of view. Let yourself experience the Viking age beyond the fictional scripts from the big screen and the fairy tales from the past and get a closer look at the real thing. Admission is free for children under 7 years. [vikingaliv.se](http://vikingaliv.se)

## Flavors for all ages

### Älskade Traditioner

Älskade Traditioner which translates to Beloved Traditions, is Swedish comfort café-food at its best. A plethora of cookies, pastries, and pies are on sale, along with artisan coffee and milkshakes with a Swedish twist. Perhaps most famous though are the cafés waffles which come in both savory and sweet versions. Find them on facebook: [facebook.com/alskadedtraditioner/](https://facebook.com/alskadedtraditioner/)

### Meatballs for the people

Classic Swedish meatballs are a timeless staple. However, if you really want to expand your meatball repertoire and explore new savoury horizons you must pay this restaurant a visit. Here you will find meatballs made from all kinds of meat such as bear, moose and wild boar just to name a few. [meatball.se](http://meatball.se)

### Paradiset

Paradiset is Sweden's largest organic shop. It is almost like a regular grocery store with the exception that every single item filling their shelves and counters has been carefully selected and carefully produced. [paradiset.com](http://paradiset.com)

### Systrarna Voltaire

Systrarna Voltaire is a modern restaurant focusing on healthy, straight-out-of-the-earth food. Come here for breakfast, lunch, coffee or dinner. We can assure you your body will send you a Thank You note after you have eaten here. [sallyochsystrar.se](http://sallyochsystrar.se)

### Stikki Nikki

StikkiNikki is a family-operated and family-owned business run by a clan of gelato-loving individuals. The ice cream at StikkiNikki is freshly made every day and the flavours vary with the season, the only thing that is consistent is the use of organic ingredients and the amount of love that is put into every frozen batch of deliciousness. [stikkinikki.com](http://stikkinikki.com)

## A city for adventure

### Tom Tits

Tom Tits Experiment is the ultimate place for children and adults alike to geek out and have a blast while learning about science and technology. Here you will find all sorts of do-it-yourself fun experiments which will teach you about engineering, physics, mathematics, geography, biology, human, illusions and more. No previous scientific experience needed. It is located in Södertälje, 25 mins from the city by bus, car or train. Tom Tits is open all year round. However, the outdoor park is only open between May-September. [tomtit.se](http://tomtit.se)

### Grinda

Grinda is part of Stockholm's archipelago and is no more than an hour's boat ride away from the city. This island offers peaceful tranquillity and beautiful archipelago nature, along with great food and precious views. You will find lovely, child-friendly places to go swimming, both by the southern and northern steamboat

docks, as well as at Källviken. Since the Archipelago Foundation owns the island, you can roam almost anywhere. [grinda.se](http://grinda.se)

### Siggesta Gärd

This charming hotel is set on a rural farm property. Indoors, there are large areas for social interactions and games as well as a cozy restaurant. Outdoors, there are several hiking paths and running tracks, a hot tub and a sauna. Outside there is also a children's playground, a mini-golf course and a foot-golf course. They even have a hiking track for kids where you can find actual trolls. It is approx. 35 kilometers from Slussen and one can get there by bus, car or boat. [siggestagard.se](http://siggestagard.se)

### Utö

Utö literally means "outer island" in Swedish and the beauty of its nature is almost something from outer space. Utö has the oldest iron-ore mines in Sweden and its iconic windmill, which is over 200 years old, has a breathtaking view of the bay Mysingen. You can camp, barbecue, bathe, bike and eat some very delicious ice cream on this lovely island. [uto.se](http://uto.se)

### Fjäderholmarna

Just 25 minutes from the city, visit the archipelago's closest islands by boat from Nybroplan. Explore restaurants, cafés, shops and handicrafts like glassblowing. The island also has a fun playground with a pirate ship for the children. [fjaderholmarna.se](http://fjaderholmarna.se)

## Urban bathing

### Tantolunden

This large park is located right by the many trendy restaurants and cafés of Hornstull, Mariatorget and SoFo, which explains why it has become a popular meeting place for the Stockholmers. People of all ages meet here for swimming and picnics in the summer and for sledding in the winter. There's a playground, beach volleyball court, minigolf, a frisbee golf course and an open-air theater. Don't miss the chance to take a stroll up the hill and enjoy the picturesque allotment gardens and garden sheds. [visitstockholm.com/tantolunden](http://visitstockholm.com/tantolunden)

### Rålis

Rålambshovsparken, or "Rålis" as it is called by locals, is a summer favorite. People come here to play soccer, boules, beach volleyball or brännboll, or take part in an aerobics session, but also to swim and sunbathe or meet with friends. Young people prefer Rålambshovsparken, while families with children prefer the nearby Smedsuddsbadet. The park is also a popular event location for events including the Parkteatern outdoor theater. There is also a skatepark for skaters of all ages. [visitstockholm.com/ralambshovsparken](http://visitstockholm.com/ralambshovsparken)

## Smart and playful design

### Polarn o. Pyret

Polar O. Pyret means "Buddy and the Little One." Its name is as adorable as the clothes they sell. This store carries sustainable and unisex clothing for children, babies and newborns. These clothes are durable enough to withstand all sportive and mischievous games and are meant to be passed from sibling to sibling. [polarnopyret.se](http://polarnopyret.se)

### Mini Rodini

Mini Rodini is a Swedish clothing brand created by illustrator and artist Cassandra Rhodin. Mini Rodini is inspired by children and their limitless imagination. The clothes are colourful and splashed with playful patterns. These are high quality, sustainable garments that are actually fun and meant to enable kids to express their personalities through fashion. [polarnopyret.se](http://polarnopyret.se)

### Geggamoja

Geggamoja is a family owned business run by two sisters, each of which has two young families of their own. This duo has created a brand with children's unique tastes in mind. They focus on making clothes in materials and designs they would love to see their own children dressed in. Their clothes are good looking and comfy/practical with a bit of an edgy twist. [geggamoja.com](http://geggamoja.com)

### Designorget

Designorget is Scandinavian design at its best and at its most affordable. This store is a favourite for locals and for anyone who passes by it really. Designorget has a meticulously curated range of interior decoration, furniture, lighting and lamps, textiles, gadgets and games. This design haven is considered by many to be the best gift shop there is for any gift-worthy occasion. [designorget.se](http://designorget.se)